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Identifying themes when using a Community-based Participatory Research (CBPR) Approach
with Men Living in Abstinence-based Recovery Housing

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Abstract

This article discusses implementation of CBPR principles to gain and apply knowledge regarding men living in abstinence-based recovery housing. The authors identified the community's needs through forming a community advisory council (CAC) with the men. Then the CAC developed a plan and created a community reintegration video. Lastly, the CAC analyzed the process and made plans for the future. The field note themes revealed four themes: lack of progress, hesitance to initiate, camaraderie and interpersonal relationships, and development of intrapersonal skills. Using the principle of CBPR for men in abstinence-based recovery is a recommended approach, especially for occupational therapists.

Keywords: community-based participatory research, occupational therapy, recovery housing, addiction, community advisory council