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RTX 300: Foundations of Recreational Therapy OER Curation

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RTX 300: Foundations of Recreational Therapy OER Curation

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Overview

Scope Notes

The course orients students to the history, philosophy, theories and models of recreation therapy and factors influencing service delivery. The instructor is concerned about the cost and availability of the current textbook, and is seeking to replace current materials with OER. The ideal OER would require making few or no changes, and provide interactive learning to students, be available in a digital format, and offered at a low or no cost.

Current textbooks and materials

Bullock, C., & Mahon, M. Introduction to recreation services for people with disabilities: A person-centered approach, 4th ed., Sagamore Publishing, (2017). 978-1-57167-807-2 \$121

Manual of the American Psychological Association, (7th Ed.). (2010). Washington, DC. , American Psychological Association. 9781433832161 \$32

Search Notes

The search was challenging. The search consulted the Open Textbook Library, OER Commons, Pressbooks, OpenStax, Open Oregon, BC Campus, and Merlot. Initially there were obstacles with discipline name and non-applicable OERs coming up in search results, particularly from sport management and recreation fields. A few OER were identified that touch upon the content



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focused on disability in the currently assigned textbook, but unfortunately there was not an identified OER that is ready to be adopted as the new course text with minimal changes.

The search did not explore alternatives to the APA manual. However, free online APA resources could be promoted to students who are unable or choose not to purchase the APA manual in order to make the course fully OER if the instructor desires.

Gap Analysis

There is a significant gap in available OERs for this course. An OER covering the same material in the current textbook could not be located and present resources will require potentially significant adaptation work. There are good resources that could potentially be adapted to create an excellent OER from the course, but at present there is a great need for either an individual instructor or a group of instructors to author an OER for recreational therapy.

Promising OER Options

Supporting Individuals with Intellectual Disabilities and Mental Illness

- Sherri Melrose, Supporting Individuals with Intellectual Disabilities & Mental Illness Athabasca University (2015).
- Available from [Open Textbook Library](#)
- PDF, ebook, online
- CC BY
- Comments/Annotations: This OER originates from health studies, but is a multidisciplinary resource. The OER provides education on the fundamentals of support work, historical context, an overview of mental illness, common physical concerns, and a section on pain. Each topic is also presented with audio enabled text boxes emphasizing 'Key Points for Caregivers.' The text is not designed specifically for recreational therapy, but part of it may be useful for adaptation with more field-specific text, such as articles subscribed to by the library, as supplemental material.

Sports Medicine Model

- Sports Medicine, CTE Online Model (2013).
- Available from [OER Commons](#) / [CTE Online](#)
- Online website/book
- CC BY-NC-SA
- Comments/Annotations: This online course was designed to help students develop a general awareness of health careers and specific preparation for physical therapy and sports medicine occupations. The text covers medical terminology, human anatomy, emergency procedures, soft tissue and bone injuries, injuries, physical fitness, and career opportunities. The OER is primarily focused on sports management and physical health,

but sections may be applicable for adaptation for the recreational therapy course in conjunction with chapters from other OER.

Stretch Resource Options

Transitioning to Employment

- UPEI Career Services and UPEI Accessibility Services, Transition to Employment: A Guide for Supporting Post-Secondary Students with Disabilities (2021). 978-1-988692-51-7
- Available from [Pressbooks](#)
- Online Book
- CC BY-NC
- This resource is an openly available guide for supporting post-secondary institutions, namely representatives from career services, co-operative education, and disability support offices. The guide is designed to help those supporting post-secondary students with disabilities as they transition to the workforce, and is not necessarily a traditional open textbook for students. However, Part II: Accommodation, Disclosure, Legal Rights and Obligations may be useful for the course, and suitable for adapting the chapter as is or adding changes to create a course-specific text.

Trauma-Informed School Practices

- Anna Berardi and Brenda Morton, Trauma-Informed School Practices: Building Expertise To Transform Schools, George Fox University Library (2019).
- Available from [Open Textbook Library](#)
- PDF, online, ebook, hardcopy
- CC BY-NC-SA
- Comments/Annotations: This OER textbook is primarily focused on identifying and applying trauma-informed educator competencies needed to transform districts, schools, educators, and classrooms. At the conclusion of this text, the student, educator, or mental health professional will have a deeper understanding of what trauma-informed practice requires of them. The OER includes practical strategies on how to transform learning communities in response to the devastating effect of unmitigated stress and trauma on our student's ability to learn and thrive. Although the text is not explicitly related to recreation it may be partially beneficial to the course with specific chapters being adopted, or the text transformed by adaption into a recreational therapy focused course.

Understanding and supporting learners with disabilities

- Paula Lombardi, Understanding and supporting learners with disabilities, granite State College (2021).
- Available from [OER Commons](#)

- Ebook, PDF, MOBI
- CC BY-NC-SA
- Comments/Annotations: This OER textbook was developed to support introductory courses EDU 617 and 717, Students with Disabilities. Some chapters are more comprehensive than others. The disability specific chapters are a good resource for learners who need to gain deeper understanding of these disabilities and how to support these students in the classroom. The focus of the textbook is for classroom learners with disabilities, so it is not an automatic fit for a recreation therapy course. However, specific chapters may be useful for the course to provide education on specific disabilities or populations the students may work with in the future and then connect to recreational therapy with additional texts or exercises.