Year-Round Measures of Planktonic Metabolism Reveal Net Autotrophy in Surface Waters of a Great Lakes Estuary

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Year-round measures of planktonic metabolism reveal net autotrophy in surface waters of a Great Lakes estuary

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ABSTRACT: During 2009 and 2010, we quantified monthly changes in plankton metabolism and environmental variables in the surface waters of Muskegon Lake, a Great Lakes estuary connected to Lake Michigan. Muskegon Lake’s mean (±SE) annual gross plankton primary production (GPP) and respiration (R) rates were 46 ± 9 and 23 ± 4 mg C l⁻¹ yr⁻¹, respectively. GPP:R ratios of 0.6 to +4.8 with a yearly mean of 2.0 ± 0.3 indicated that the surface water of Muskegon Lake was net autotrophic during all but the winter months under ice cover, when it was in a near carbon balance to slightly heterotrophic state. Approximately 5% of GPP and 12% of R occurred during the winter months, highlighting winter’s potential role in nutrient regeneration. An overall positive annual net community production (NCP) rate of 28 ± 6 mg C l⁻¹ yr⁻¹ makes Muskegon Lake’s surface waters a net sink for carbon on an annual basis. Annual heterotrophic bacterial production (BP) rates were 5 ± 3 mg C l⁻¹ yr⁻¹, suggesting a substantial fraction of GPP was likely processed through the microbial food web (2 to 76%). A stepwise multiple linear regression model revealed the plausible drivers of GPP (temperature [T], photosynthetically active radiation [PAR], total phosphorus [TP], dissolved oxygen [DO], chlorophyll a [chl a]), NCP (T, PAR, TP), R (T, DO, ammonium [NH₃], soluble reactive phosphorous [SRP], dissolved organic carbon [DOC]) and GPP:R (T, PAR, SRP, DOC). Year-round measurements inform us of the strong seasonality in the carbon cycle of temperate lakes.

KEY WORDS: Lake metabolism · Primary production · Carbon · Nitrogen · Phosphorus · Phytoplankton · Bacteria · Carbon balance

INTRODUCTION

Freshwater ecosystems are recognized as highly reactive sites for carbon metabolism (Cole et al. 2007, Tranvik et al. 2009). Worldwide, lakes that are at the terminus of watersheds receive substantial supplies of carbon and nutrients from terrestrial sources and have high rates of gross primary production (GPP) (Wehr et al. 1999). Because the terrestrial–aquatic–atmospheric link is a key component of the global carbon cycle (Cole et al. 2007, Battin et al. 2009, Aufdenkampe et al. 2011, Borges et al. 2015), knowledge of the rates and drivers of carbon metabolism are essential aspects of ecology and biogeochemistry.

Organic matter can be produced or destroyed through the major metabolic pathways of GPP and respiration (R), and thus these are primary regulating components in the carbon flux through all aquatic ecosystems (Williamson et al. 1999, Cole et al. 2002). Therefore, researchers have focused on GPP and R of plankton (where GPP – R = net community production, NCP) as critical biological components in the pelagic freshwater environment (Schwaerter et al. 1988). Specific watershed characteristics determine the inputs of inorganic nutrients and organic compounds, which are then transformed by in-lake biogeochemical processes of GPP and R, resulting in emergent lake characteristics such as a carbon sink/
source status, eutrophication, harmful algal blooms and hypoxia (Hanson et al. 2003).

Studies quantifying the seasonal dynamics of freshwater metabolism and characterization of factors influencing metabolic rates and carbon flow are rare, but necessary in order to understand the carbon balance in lake ecosystems. In addition, the year-round metabolism of lakes (including the underrepresented winter season) is often overlooked. There is a severe paucity of studies in the literature that have concurrently measured both production and respiration throughout the year to assess the overall carbon balance of freshwater and marine systems globally (Karl et al. 2003, Ducharme-Riel et al. 2015). Moreover, there is a common misconception that hardly any biological activity occurs during the ice-covered winter months in temperate lakes (Tulonen et al. 1994, Campbell et al. 2005, Salonen et al. 2009). Additionally, severe winter conditions restrict sampling, measurement and accessibility to research sites, contributing to the difficulties in bridging the gap in our understanding of the true metabolic balance of lake ecosystems (Salonen et al. 2009, Bertilsson et al. 2013).

The present year-round study provides the opportunity to examine organic and inorganic nutrient inventories in a dynamic freshwater ecosystem in order to determine the influence of the watershed on metabolic indices (GPP, NCP, $R$, and GPP:$R$), and to explore the trophic interaction between autotrophic and heterotrophic plankton on a seasonal basis to examine events and time frames in which a lake becomes a source or sink of carbon. Three earlier studies have examined the carbon cycle of Muskegon Lake, but they carried out either one single-season measurement or 4 discrete seasonal measurements a year, and did not perform monthly studies throughout the annual cycle (Ogdahl et al. 2010, Weinke et al. 2014, Dila & Biddanda 2015).

The specific objectives of the present study were to (1) determine the temporal variability of planktonic metabolism through the annual cycle, (2) quantify the contribution of the cold and typically ice-covered winter season to annual metabolism, and (3) identify variables that best explain the observed variation in seasonal metabolism.

**MATERIALS AND METHODS**

**Study site**

Muskegon Lake (43.2331° N, 86.2903° W) is a 17 km² Great Lakes estuary located in the western Michigan portion of the Great Lakes basin (Fig. 1 inset; Larson et al. 2013). Based on the geomorphology and physiography scheme for estuaries, Muskegon Lake, a coastal drowned river-mouth system, is indeed a Great Lakes estuary (sensu Herdendorf 1990). Muskegon Lake is part of the larger Muskegon River watershed, which drains approximately 6822 km², and is the second largest river in Michigan. The primary area of inflow to Muskegon Lake is the Muskegon River, entering from the east. Muskegon Lake drains directly into Lake Michigan to the west via a single outflow along a navigation channel. Most of the watershed that feeds Muskegon Lake is forested (53.2%), with the remainder being agricultural (23%) and urbanized (4.2%) (Marko et al. 2013). Muskegon Lake has a water volume of ~119 million m³, a water retention time of ~23 d, and a mean water depth of 7 m (Carter et al. 2006, Steinman et al. 2008).

In 1985, Muskegon Lake was identified as an Area of Concern (AOC) due to severe environmental impairments from direct discharge of industrial and
Defore et al.: Annual autotrophy in a temperate lake

municipal waste prior to 1973, resulting in nutrient enrichment and contaminated sediments from the discharge of organic chemicals (Carter et al. 2006). Although water quality has improved (Steinman et al. 2008), changes in inorganic nutrient or organic carbon inputs from the surrounding watershed or resuspension of contaminated sediments is likely to continue to affect lake metabolism rates.

Three sampling sites were chosen based upon long-term monitoring studies (Steinman et al. 2008; our Fig. 1): Muskegon River site (MR) (43.2528° N, 86.2525° W), located just west of the mouth of the Muskegon River at a station depth of 6.4 m; Muskegon Channel site (MC) (43.2327° N, 86.3269° W), just east of Lake Michigan at a station depth of 12.5 m; and Muskegon Deep site (MD) (43.2240° N, 86.2972° W), which represents the deepest area of Muskegon Lake at a station depth of 20 m and is located just west of the Ruddiman Creek tributary.

Sample collection

Monthly surface water samples were collected with an integrated water sampler at a depth of 0.5 m at each of the 3 sites within Muskegon Lake during a 1 yr period from 4 February 2009 to 11 February 2010. Samples were collected in the morning between 09:00 and 11:00 h. Water samples were placed in acid-cleaned bottles and transported on ice to the Annis Water Resources Institute (Muskegon, MI) for analysis of changes in dissolved oxygen (DO), and concentrations of dissolved organic carbon (DOC), colored dissolved organic matter (CDOM), chlorophyll a (chl a), nitrate (NO$_3$-N), ammonia (NH$_3$-N), soluble reactive phosphorus (SRP-P), total phosphorus (TP-P), total Kjeldahl nitrogen (TKN-N), bacterial abundance (BA) and bacterial production (BP).

Field measurements

Temperature ($T$), pH, conductivity, depth, DO, turbidity and photosynthetically active radiation (PAR) were measured using an YSI 6600 Datasonde calibrated according to the manufacturer's instructions (Fondriest). PAR measurements were measured using a Li-Cor quantum sensor. Initial readings of PAR were taken just above the water surface, just beneath the water surface, and at 0.5 m intervals until light was less than 1% of the surface value. The extinction coefficient ($k_d$) was estimated as the slope of the regression according to Kirk (1994).

NCP, $R$, and GPP

Changes in the concentration of DO in untreated and unfiltered water samples were measured in quadruplicate clear and darkened BOD glass bottles (300 ml). BOD bottles were filled using tubing to allow overflow for 20 s to ensure no air contamination, and incubated for 24 h in situ in Muskegon Lake suspended on a wire rack at a depth of 0.5 m. During periods of ice cover on Muskegon Lake, a rectangle approximately 1.5 × 0.5 m was cut through the ice, and BOD bottles were hung on a rack. Changes in DO between initial and final time points were measured using micro-Winkler titration with automated potentiometric endpoint detection (Carignan et al. 2000, Weinke et al. 2014).

Oxygen consumption in the darkened bottles represents community $R$, while oxygen production in the 24 h light bottles represents NCP. GPP was then calculated as NCP + $R$ as described by Wetzel & Likens (2000). NCP simply provides a rate of biomass accumulation in the system, and GPP:$R$ ratios indicate the potential for positive or negative net primary production (NPP) in the system, with a value of 1.0 indicating perfect carbon balance. Oxygen consumed was converted to carbon respired assuming a molar respiratory quotient of 1.0 (Biddanda et al. 1994, Robinson 2008), and oxygen produced was converted to carbon produced using a molar photosynthetic quotient of 1.0 (Robinson 2008).

Water chemistry

DOC samples were filtered through 0.45 µm pre-combusted GF/F filters (Whatman) and stored frozen in pre-combusted 20 ml glass vials with Teflon-lined caps and used for DOC measurements after acidification and inorganic C removal on a Shimadzu TOC-500 with a high temperature Pt catalytic oxidation. Total organic carbon standards were made from KHP, and instrument blank runs were performed with ultrapure deionized water (Biddanda & Cotner 2002).

CDOM absorbance was determined on a Shimadzu UV-1600 visible spectrophotometer using a 5 cm quartz cuvette. Absorbance was then converted to an absorption coefficient at 350 nm, in units of m$^{-1}$ with the equation described in Cuthbert & del Giorgio (1992).

Samples for NO$_3$, NH$_3$, SRP, TP and TKN were analyzed according to APHA (1998) methods 4110, 4500-H, and 4500-P. Briefly, TP, TKN, and NH$_3$ concentrations were obtained from un-filtered 500 ml water
samples preserved with H\textsubscript{2}SO\textsubscript{4} and stored at 4°C. NO\textsubscript{3} and SRP concentrations were obtained by filtering 10 ml aliquots through 0.45 µm acid-rinsed Millipore membrane filters, and were stored at −10°C. All samples were prepared within 8 h, and analyzed within 28 d of collection.

**Phytoplankton analyses**

Algal biomass was estimated as chl \textit{a}. Chl \textit{a} was collected by filtering lake water through 0.47 µm Whatman GF/F filters; samples were immediately frozen at −10°C until analysis, followed by acetone extraction for 24 h. Fluorescence was determined using a Shimadzu UV-1600 visible spectrophotometer (Bot & Colijn 1996).

**Bacterioplankton analyses**

Heterotrophic bacteria were preserved with 2% formalin, stained with Acridine Orange, and filtered onto black 25 mm polycarbonate Millipore filters (0.2 µm pore size) for enumeration. Slides were stored frozen until enumeration by standard epifluorescent microscopy at 1000× magnification according to Hobbie et al. (1977). BP was measured by means of [\textsuperscript{3}H] leucine incorporation into protein in the dark as described by Simon & Azam (1989). To estimate the contribution of bacteria to planktonic GPP and thus the flow of carbon through bacteria, we calculated ratios of BP:GPP according to Findlay et al. (1992) and assumed a conservative bacterial growth efficiency of 50% (Biddanda et al. 2001, del Giorgio & Williams 2005).

**Data analysis**

Metabolism measurements based on changes in DO within light and dark bottle incubations that were made during the first sampling month in February 2009 were seriously compromised both by warming during bottle filling in the laboratory before incubation, and by the loss of multiple replicate bottles due to breakage upon retrieval in sub-zero air temperatures. Therefore, we excluded the metabolism data from the February 2009 sampling date. However, all other associated data for February 2009 were included in this study. Thus, the reported values of averages and means for metabolism refer to data from March 2009 to February 2010, whereas for all other variables the data are from February 2009 to February 2010. Unless otherwise stated, values are presented as means ± SE.

Statistical analyses were performed using SPSS (PASW) 18.0. A paired repeated measure 2-way ANOVA was used to detect differences in physical, chemical and biological factors among sites and seasons. Stepwise multiple linear regressions were used to test for relationships between metabolic rates of GPP, NCP, R and physical (\textit{T}, Secchi depth, DO, Irradiance-PAR), chemical (DOC, CDOM, NO\textsubscript{3}-N, NH\textsubscript{3}, SRP, TP and TKN) and biological (chl \textit{a}, BA, BP) variables. Results of statistical tests were considered significant at \textit{p} < 0.05. For the purpose of discussion, we divided the study year into 4 seasons: winter (December, January, February), Spring (March, April, May), summer (June, July, August) and fall (September, October, November). Winter encompassed the period when the lake was covered by ice, spring encompassed the period of ice-out to the beginning of stratification, summer encompassed the stratified period and fall encompassed the end of stratification to the beginning of ice cover.

**RESULTS**

Physical, chemical and biological factors influencing aquatic metabolism from 4 February 2009 to 11 February 2010 were evaluated between seasons and sites using a univariate analysis of variance (paired 2-way repeated measure ANOVA; Table 1). Signifi-

<table>
<thead>
<tr>
<th>Factor</th>
<th>Source</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Temperature (°C)</td>
<td>Season</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Dissolved oxygen (mg l\textsuperscript{-1})</td>
<td>Season</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Photosynthetically active radiation (µmol m\textsuperscript{-2} s\textsuperscript{-1})</td>
<td>Season</td>
<td>0.008</td>
</tr>
<tr>
<td>Light extinction coefficient (m)</td>
<td>Season</td>
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</tr>
<tr>
<td>Chlorophyll a (µg l\textsuperscript{-1})</td>
<td>Season</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Bacterial abundance (cells l\textsuperscript{-1})</td>
<td>Season</td>
<td>0.002</td>
</tr>
<tr>
<td>Bacterial production (µg C l\textsuperscript{-1} d\textsuperscript{-1})</td>
<td>Season</td>
<td>0.013</td>
</tr>
<tr>
<td>Nitrate (µg l\textsuperscript{-1})</td>
<td>Season</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Dissolved organic carbon (mg l\textsuperscript{-1})</td>
<td>Season</td>
<td>0.003</td>
</tr>
<tr>
<td>Colored dissolved organic matter (a\textsubscript{450nm}, m\textsuperscript{-1})</td>
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</tr>
<tr>
<td>Gross primary production (µg C l\textsuperscript{-1} d\textsuperscript{-1})</td>
<td>Season</td>
<td>0.0013</td>
</tr>
<tr>
<td>Respiration (µg C l\textsuperscript{-1} d\textsuperscript{-1})</td>
<td>Season</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Net primary production (µg C l\textsuperscript{-1} d\textsuperscript{-1})</td>
<td>Season</td>
<td>0.006</td>
</tr>
</tbody>
</table>
cant interactions were found between seasons for 13 of the 22 factors. Considering there were no significant differences between sites, site variation was not illustrated in the figures; instead, site values (n = 3) for each sampling date were averaged for each factor and then illustrated in the figures.

**Physical parameters**

Ice formed on the lake in late November 2008, with permanent ice cover occurring by mid-December and persisting until late March 2009. Ice thickness was approximately 0.50 m on the first sampling event in February 2009. Ice formed again on the lake in early December 2009, with permanent cover by late December that lasted until mid-March 2010 with ice thickness only reaching 0.2 m.

The temperature of the surface water ranged from a minimum of 0.05 ± 0.01°C in February 2009 to a maximum of 23.67 ± 0.33°C in July (Fig. 2A). Rapid temperature changes with depth in excess of 0.5°C indicated that thermal stratification began in mid-June when surface temperatures exceeded ~17°C and continued until fall turnover around the second week of October when temperatures fell to ~11°C; the thermocline was located at approximately 7 m depth.

DO concentrations in surface waters ranged from a minimum of 8.14 ± 0.26 mg l⁻¹ in August to a maximum of 13.20 ± 0.15 mg l⁻¹ in December (Fig. 2D). While no low or anoxic conditions occurred at Site MR, Sites MD and MC did experience low oxygen conditions. During summer stratification, DO concentrations at Site MD ranged from 10.29 mg l⁻¹ at the surface to 4.81 mg l⁻¹ at 11 m depth in July, and 8.40 mg l⁻¹ at the surface to 5.10 mg l⁻¹ at 9.5 m in August. Similar concentrations were observed at Site MC in July, ranging from 9.82 mg l⁻¹ at the surface to 4.76 mg l⁻¹ at 8 m.

PAR ranged from a maximum of 2432 ± 67 µmol m⁻² s⁻¹ in August to a minimum of 141 ± 1 µmol m⁻² s⁻¹ in October (Fig. 2C). National Weather Service archived satellite data confirmed cloud cover on the October 2009 sampling date, along with other low-PAR days. The underwater light climate also exhibited a seasonal pattern, with the maximum $k_d$ observed in March (2.16 ± 0.45 m) and the minimum in October (0.70 ± 0.0 m).

Cumulative daily discharge values, as measured by the US Geological Survey gauge at Croton, MI, revealed that the lowest average monthly discharge value (32 m⁻³ s⁻¹) was recorded in September; the highest value (120 m⁻³ s⁻¹) was recorded in March. Discharge values in March and May are most likely the result of snowmelt and rainfall. The increase in discharge did not always directly correspond to an increase in daily precipitation (see Tables S1 & S2 in the Supplement at www.int-res.com/articles/suppl/a077p139_supp.pdf).

![Fig. 2. Site-averaged (A) surface water temperature, (B) turbidity, (C) photosynthetically active radiation, (D) dissolved oxygen, (E) Secchi disk depth and (F) light extinction coefficient in Muskegon Lake between 4 February 2009 and 11 February 2010. Error bars: ±1 SE; dates are presented as mo/d/yr](image-url)
Nutrients

High concentrations of SRP, TP, NH₃ and TKN were recorded at all sites during February 2010, and the riverine site MR recorded markedly higher concentrations (Fig. 3). It is important to note that 10 mm of rain and 177 mm of snow were recorded less than 48 h prior to the 11 February 2010 sampling event, and the increased concentrations may reflect recent river loading. TKN declined sharply in October, coinciding with fall turnover. Similar to TP, TKN showed a particularly high concentration of 930 µg l⁻¹ at Site MR in February 2010.

SRP exhibited a summer drawdown from July to September, achieving an average monthly maximum concentration of 14.67 ± 2.33 µg l⁻¹ in October 2009, coinciding with fall turnover. With the exception of the particularly high reading at Site MR in February 2010, NH₃ remained relatively constant throughout the entire study, averaging 55.14 ± 11.80 µg l⁻¹ with no apparent seasonal pattern.

The average DOC concentration was 6.32 ± 0.13 mg l⁻¹ and the average CDOM absorption coefficient (a₂₅₀nm) was 2.26 ± 0.16 m⁻¹. Both DOC and CDOM showed the same 2 distinct peaks during the study period (Fig. 3C,F), with maximum values
observed in June and December and minimum values observed in February 2009 and October 2009.

**Phytoplankton**

Phytoplankton biomass (as indicated by chl a) exhibited a seasonal pattern (Fig. 4). The seasonal minimum was observed in January 2010 (0.59 ± 0.25 µg l⁻¹). A peak of 13.14 ± 1.55 µg l⁻¹ was observed in July and corresponded with the maximum surface water temperature and an increase in GPP (Fig. 5A). The second peak in October of 13.79 ± 2.43 µg l⁻¹ corresponded with fall turnover of the lake, but did not correspond to an increase in surface water temperature or GPP.

Fig. 4. Site-averaged chl a in the water column from Muskegon Lake from 4 February 2009 to 11 February 2010. Error bars: ±1 SE; dates are presented as mo/d/yr

Fig. 5. Site-averaged (A) gross primary production (GPP, closed circles) and community respiration (R, open circles), (B) net community production (NCP), (C) ratio of gross primary production/community respiration (GPP:R) and (D) correlation between GPP and R from Muskegon Lake between 4 February 2009 and 11 February 2010. Overall positive NCP values (B) and GPP:R values above the dashed line (C) indicate time frames where Muskegon Lake is a sink of carbon. Values above dashed line (at 1:1 ratio of GPP:R) represent net autotrophy and values below dashed line represent net heterotrophy in Muskegon Lake (C,D). Error bars: ±1 SE; dates are presented as mo/d/yr
Planktonic metabolism

Metabolic rates of GPP, NCP and \( R \) exhibited marked seasonal patterns. Rates of GPP ranged from 6.4 ± 2.0 µg C l\(^{-1}\) d\(^{-1}\) in November 2009 to 424.7 ± 69.5 µg C l\(^{-1}\) d\(^{-1}\) in July, with an average of 126.0 ± 25.9 µg C l\(^{-1}\) d\(^{-1}\). Rates of \( R \) ranged from 5.5 ± 3.3 µg C l\(^{-1}\) d\(^{-1}\) in November to 198.8 ± 20.8 µg C l\(^{-1}\) d\(^{-1}\) in July 2009, with an average of 62.2 ± 10.6 µg C l\(^{-1}\) d\(^{-1}\) (Fig. 5A). In general, \( R \) followed the same trend as GPP, albeit with lower rates.

Search for drivers of GPP, \( R \), NCP and GPP:R

Stepwise multiple linear regression models identified the predictor variables for GPP, \( R \), NCP and the GPP:R ratio (Table 2). Log-transformed GPP rates revealed a significant (p < 0.001) positive relationship with \( T \), DO, PAR, TP and \( \text{chl a} \) (overall model \( R^2 = 0.91 \)). A similar analysis of \( R \) rates showed a significant positive relationship with \( T \), DO, NH\(_3\), SRP and DOC (overall model \( R^2 = 0.75 \)). The metabolic balance of NCP revealed a significant positive relationship with \( T \), PAR and TP (overall model \( R^2 = 0.73 \)). The GPP:R ratio revealed a significant positive relationship with \( T \), PAR, SRP and DOC (overall model \( R^2 = 0.67 \)).

Table 2. Stepwise multiple linear regression models for gross primary production (GPP), net community production (NCP), respiration (\( R \)), and the GPP:R ratio. Predictors were considered significant at \( \alpha = 0.05 \). Data were log transformed for GPP, NCP, \( R \) and GPP:R. DO: dissolved oxygen; PAR: photosynthetically active radiation; TP: total phosphorus; SRP: soluble reactive phosphorus; DOC: dissolved organic carbon

<table>
<thead>
<tr>
<th>Dependent variable</th>
<th>Parameter</th>
<th>Overall ( R^2 )</th>
<th>Coefficient</th>
<th>( t ) value</th>
<th>p-value</th>
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<td></td>
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<tr>
<td></td>
<td>PAR</td>
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<td>TP</td>
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<tr>
<td></td>
<td>( \text{chl a} )</td>
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<tr>
<td>( R ) n = 33</td>
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<td></td>
<td>DO</td>
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<tr>
<td></td>
<td>NH(_3)</td>
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<tr>
<td></td>
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<td></td>
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<td>-2.645</td>
<td>&lt;0.05</td>
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</table>

Bacterioplankton

BA and BP followed a similar seasonal trend over the study duration (Fig. 6). However, minimum values for BA were observed in January 2010 (8.5 × 10\(^7\) ± 1.2 × 10\(^7\) cells l\(^{-1}\)), while minimum values for BP were observed in February 2009 (1.68 ± 0.11 µg C l\(^{-1}\) d\(^{-1}\)). Over the seasons, BP constituted a conservative estimate of between 1 and 36% of the GPP (Fig. 6). Based on measured BP and a comparable rate of bacterial respiration (BR), assuming a conservative bacterial growth efficiency (BGE) of 50% (del Giorgio et al. 1997, Biddanda et al. 2001) suggests that the total carbon flux through bacteria (CFTB) may be between 2 and 76% of GPP.

GPP:R ratio

The GPP:R ratio exhibited marked seasonality (Fig. 5C). Plankton metabolism was annually autotrophic (mean GPP:R ratio of 2.0 ± 0.3), with sustained autotrophy throughout the year. The maximum site-averaged GPP:R ratio of 4.8 ± 2.5 occurred in October and coincided with fall turnover. A particularly high GPP:R ratio of 9.86 occurred at Site MC in October 2010, which resulted from a particularly low \( R \) rate compared to Sites MR and MD, while the site’s GPP rate was similar to that of MR and MD.

DISCUSSION

Variable GPP, \( R \), NCP and GPP:R with net annual autotrophy

The primary objective of this study was to determine the temporal variability of planktonic metabolism in a Great Lakes estuary. Although several studies have reported large temporal variability within ecosystems (Smith & Hollibaugh 1997, Cole et al. 2000, Staehr & Sand-Jensen 2007, Ogdahl et al. 2010), the temporal variability of GPP, NCP, \( R \) and the GPP:R ratio was much more pronounced in the present study than has been previously measured in the few available year-round estimates of lake metabolism. In addition to the pronounced seasonality prevalent throughout the annual cycle, the intense hydrodynamics of this system—a drowned river-
mouth estuary—may also be partly responsible for this pronounced seasonality.

On the basis of the monthly measurements we were able to estimate the contribution of each season to yearly GPP, NCP and $R$ metabolic rates (Fig. 7).

The underrepresented winter season (December, January and February) contributed $6 \pm 2.6\%$ to the yearly GPP, $12 \pm 0.3\%$ to the yearly $R$, and $1 \pm 3.9\%$ of the yearly NCP. Although metabolic activity was relatively low in winter, this period could be important for the annual carbon balance of lakes in high latitude regions subject to long winters by way of respiration-driven nutrient regeneration (Welch & Bergmann 1985, Bertilsson et al. 2013, Ducharme-Riel et al. 2015) (Fig. 8).

Metabolic balance is often represented as a ratio of GPP:$R$ and is a useful index for assessing the relative autotrophic versus heterotrophic status of ecosystems (Odum 1956, 1957, del Giorgio & Peters 1994, Kemp et al. 1997, Cole et al. 2000, Hanson et al. 2003). Planktonic GPP:$R$ ratios clearly indicate that Muskegon Lake is autotrophic during the summer months into the late fall, and most surprisingly, into the early winter under ice cover; comparable results where $R$ was relatively higher than GPP were reported during December by Dilà & Biddanda (2015). In the present study, GPP:$R$ was highest during the summer/fall period and lowest during winter. Similarly, Ducharme-Riel et al. (2015) found the highest carbon uptake in surface waters and higher volumetric accumulation of CO$_2$ in the hypolimnion in the summer than during the winter. They determined that the predicted correlation with temperature was not significant. This again points to other drivers in the carbon cycle, such as mixing and/or an increased role of BR during summer. Whereas all the parameters identified in Table 2 (such as $T$, PAR and TP) are possible predictors of metabolism, not all of them (such as DO) that are both a product and substrate of metabolism, serve as actual drivers.

### Seasonal cycle of inorganic nutrients and organic matter in a temperate lake

During the summer, dissolved inorganic nutrients are depleted from the photic zone (Elser et al. 2009). The summer declines in SRP and NO$_3$-N are consistent with phytoplankton growth, as evidenced by increasing chl $a$ concentrations (Weinke et al. 2014). Reduced SRP and NO$_3$-N in the spring, with low levels continuing throughout summer have been attributed to the rapid assimilation of biologically available P and NO$_3$-N by algae throughout spring and summer, when increased light levels and temperatures favor growth (Bennion & Smith 2000). This suggests that available P is more rapidly incorporated into the biotic pool during the summer (Porter et al. 1996).
Role of phytoplankton and bacterioplankton in the lake’s carbon cycle

In the present study, phytoplankton biomass (as indicated by chl $a$) peaked first in July and then again in October. A large spring phytoplankton bloom followed by a smaller autumn bloom is consistent with phytoplankton dynamics in lakes (Sommer et al. 1986). A significant correlation between GPP and BP...
Defore et al.: Annual autotrophy in a temperate lake

Annual autotrophy in a temperate lake is indicative of a close coupling between autotrophic phytoplankton and heterotrophic bacteria in the ecosystem. Furthermore, the significant relationships between GPP, BP, BA and chl $a$ suggest that phytoplankton or material produced by phytoplankton are important substrates for bacterial growth (Cole et al. 1988). In fact, BP amounted to anywhere from 1 to 36% of GPP, suggesting that the total CFTB could be between 2 and 76% in Muskegon Lake. The trend of a high flux of GPP into BP was pronounced in the fall season, but continued into the winter season as well (Fig. 7). This estimate assumes a conservative BGE of 50%, and since BGEs are typically in the range of 20 to 30% for water bodies such as Muskegon Lake, the actual consumption of carbon by Muskegon Lake bacteria may be even higher (Biddanda et al. 2001, del Giorgio & Williams 2005).

In addition to the positive correlation between GPP and BA, other studies have also reported a positive correlation between GPP and BP, indicating an even closer coupling than observed in Muskegon Lake (Cole et al. 1988, Ducklow & Carlson 1992, Biddanda et al. 1994). Moreover, according to Liu et al. (2011) the significant correlation between GPP and $R$ (e.g. Fig. 5D) reflects the importance of autochthonous production in supplying organic matter to sustain heterotrophic activity. Thus, productive land-margin ecosystems may be well positioned to optimize the use of both autochthonous and allochthonous inputs.

Our estimates — based on measured BP and a comparable rate of BR, and assuming a conservative BGE of 50% (del Giorgio et al. 1997, Biddanda et al. 2001) — suggest that on average ~2 to 36% of the total community respiration is due to BR. Others have reported BR accounting for the bulk of the total community respiration in oligotrophic waters (Sherr & Sherr 1996, Biddanda & Cotner 2002). However, for meso-eutrophic waters such as Muskegon Lake, the consensus (del Giorgio et al. 1997, Biddanda et al. 2001, Navarro et al. 2004) is that the contribution of bacteria to plankton respiration is relatively less — but still considerable.

Muskegon Lake metabolism rate comparisons to other aquatic ecosystems

Sampling during the underrepresented winter months yielded the full seasonality of Muskegon Lake. Thus, we were able to accurately determine annual metabolism rates of GPP, $R$ and NCP (Table 3). Muskegon Lake had a positive NCP value of $28 \pm 6 \text{ mg C l}^{-1} \text{yr}^{-1}$, indicating that there is the potential for carbon accumulation/sedimentary deposition within Muskegon Lake or export to Lake Michigan. Marko et al. (2013) noted that Muskegon Lake retains nutrients before they plume out into Lake Michigan. Muskegon Lake operates as a nutrient filter, but it affects the surrounding watershed, thus maintaining nutrient balance within the lake and the Great Lakes ecosystem.

![Fig. 8. Conceptual diagram of trends in (A) the seasonal metabolism (gross primary production, GPP and respiration, $R$) and (B) carbon represented as the ratio of GPP:$R$. The 1:1 line indicates the zone of carbon balance above which net production (autotrophy) prevails and below which net respiration (heterotrophy) prevails. Note: data from Fig. 5 was smoothed to obtain these general trends](image)

Table 3. Average (±SE) daily and annual planktonic productivity rates in Muskegon Lake for the metabolic index of gross primary production (GPP), respiration ($R$) and net community production (NCP)

<table>
<thead>
<tr>
<th>Metabolic index</th>
<th>Average daily rate (µg C l$^{-1}$ d$^{-1}$)</th>
<th>Yearly rate (mg C l$^{-1}$ yr$^{-1}$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>GPP</td>
<td>126 ± 26</td>
<td>46 ± 9</td>
</tr>
<tr>
<td>$R$</td>
<td>62 ± 11</td>
<td>23 ± 4</td>
</tr>
<tr>
<td>NCP</td>
<td>78 ± 18</td>
<td>28 ± 6</td>
</tr>
</tbody>
</table>

Table 3. Average (±SE) daily and annual planktonic productivity rates in Muskegon Lake for the metabolic index of gross primary production (GPP), respiration ($R$) and net community production (NCP)
including Lake Michigan, with a wide-ranging influence on the regional fishery (Bhagat & Ruetz 2011). The long-term ramifications of industry and urban development in and around Muskegon Lake remain to be determined (Steinman et al. 2008).

Median metabolic rates of Muskegon Lake fall within the range of available lake planktonic metabolism values reported in Duarte & Agustí (1998) for GPP; R and GPP:R were slightly less than the median GPP and R rates reported by Duarte & Agustí (1998) and the median GPP:R of Muskegon Lake (1.9) was slightly more than median GPP:R of 1 reported by Duarte & Agustí (1998). These comparisons suggest that a larger fraction of local phytoplankton production is available for trophic transfer in Muskegon Lake.

Ducharme-Riel et al. (2015) found winter respiration based on CO₂ accumulation to range from 4.1 to 42.1 μg C l⁻¹ d⁻¹ in 15 boreal lakes. This is comparable to the present study in this temperate lake, where winter measurements of respiration ranged from 24.3 to 32.8 μg C l⁻¹ d⁻¹. In the summer months, defined by stratification, Ducharme-Riel et al. (2015) measured a respiration range of 9.3 to 54.5 μg C l⁻¹ d⁻¹. Our summer respiration measurements were much higher compared to those measurements in Canadian lakes, and ranged from 89.7 to 198.8 μg C l⁻¹ d⁻¹. Given that respiration rates double for every 1°C increase in temperature, it is conceivable that respiration rates in warmer temperate lakes are going to be higher during the summer than those in relatively colder boreal lakes.

Similar patterns of autotrophy and heterotrophy were observed by Staehr & Sand-Jensen (2007) in a small Danish lake (Frederiksborg Slotsso). However, Muskegon Lake differs in that the metabolic indices observed were less than those reported in other northern temperate lake ecosystems with ice cover. For example, mean annual GPP and R rates for Muskegon Lake were 126 ± 26 and 62 ± 11 μg C l⁻¹ d⁻¹, respectively. Staehr & Sand-Jensen (2007) reported a mean annual GPP rate of 1476 μg C l⁻¹ d⁻¹, and a mean annual R rate of 254 μg C l⁻¹ d⁻¹. Although GPP rates for Muskegon Lake fall within the range of GPP rates reported by Liu et al. (2011), mean annual GPP rates for Muskegon Lake were lower, at 126 ± 26 μg C l⁻¹ d⁻¹. However, mean annual R rates for Muskegon Lake were approximately 4 times lower, at 62 ± 11 μg C l⁻¹ d⁻¹, compared to 254 μg C l⁻¹ d⁻¹ reported by Liu et al. (2011), again pointing to the composition of the DOM pool as a critical factor regulating the cycling of carbon in Muskegon Lake.

Our results show that R is nearly always smaller than GPP in Muskegon Lake, leading to greater GPP:R ratios (Fig. 8). However, Carignan et al. (2000) found the same metabolic rate trend in oligotrophic and mesotrophic Canadian Shield lakes, with roughly the same median GPP:R ratio as Muskegon Lake (1.9). Carignan et al. (2000) extrapolated daily R rates based on a 4 to 7 h incubation time. Taking into account that planktonic respiration is always higher (20 to 30%) at sunset than at sunrise, Carignan et al. (2000) concluded that they underestimated R rates by biasing their sampling in the morning hours (07:00 to 10:00 h). Although this study also sampled in the morning (08:00 to 11:00 h), our daily R rates were based on a 24 h incubation time. In general, the overall relatively low rates of R observed in the present study may contribute to the increase in NCP during the summer–fall season.

**Physical, chemical and biological controls on lake metabolism**

The breakdown of summer stratification occurred in September at Site MC and October at Site MD. It seems plausible that this difference is due to wind exposure and depth. Site MC is shallower (13 m) and directly adjacent to Lake Michigan, and received sustained wind speeds of 13 m s⁻¹ 10 d prior to sampling during the September cruise. In contrast, Site MD is deeper (20 m) and slightly more sheltered by sand dunes from prevailing Lake Michigan winds. Staehr et al. (2010) attributed wind exposure and depth to differences in stratification in 2 Danish lakes.

Depth may also be a major contributing factor to whole-lake accumulation of CO₂, which can be fixed within the microbial loop (Ducharme-Riel et al. 2015). The differential mixing and subsequent near hypoxic conditions observed in the present study could similarly be attributed to depth. The greatest GPP:R ratios were observed during breakdown of summer stratification. This result is contrary to 2 earlier studies that concluded stratification breakdown results in reoxygenation of the hypolimnion, and the accumulated reduced substances (including CDOM)
are reoxidized, resulting in increased $R$ and reduced GPP. $R$ values for a short period of time (Staehr & Sand-Jensen 2007, Staehr et al. 2010). Other studies have reported that mixing reduces GPP due to increased turbidity through resuspended sediments and decreased light penetration (Reynolds 2010).

Ducharme-Riel et al. (2015) reported higher volumetric accumulation of CO$_2$ in the hypolimnion during the summer–fall season than during the winter–spring period, and argued that enhanced benthic respiration may have been responsible for this 3.9-fold difference. The argument for such a large contribution of benthic $R$, however, is in contrast with the consensus in the literature that water column respiration is on average 5-fold greater than benthic respiration in lakes (Pace & Prairie 2005). Using linear regression, Ducharme-Riel et al. (2015) determined that the predicted correlation of $R$ with $T$ was not significant, contrary to the findings in the present study. Moreover, in a separate study of northern headwater lakes, Finlay et al. (2015) reported a decrease in CO$_2$ efflux with increasing atmospheric warming—suggesting that complex within-lake events may be confounding the usually expected positive correlation of $R$ with $T$. Clearly, more such studies are needed to clarify these conflicting findings.

The environmental variables identified as drivers of planktonic metabolism in the present study ($T$, irradiance, phosphorus, ammonium, DOC and DO), are in general agreement with those reported in the literature for other freshwater systems (del Giorgio & Peters 1994, Cole et al. 2000, Kalff 2002, Smith & Prairie 2004, Staehr et al. 2010). Our study also stresses the importance of obtaining winter metabolism measurements to account for the full annual cycle, and sheds light on the complex interaction between physical and biological processes taking place in highly seasonal temperate lakes (Mortazavi et al. 2001).

CONCLUSIONS

The carbon cycle of freshwater ecosystems is a dynamic component of the global carbon cycle. Similar to marine estuaries, freshwater estuaries are hotspots of biogeochemical cycling, wherein mixing zone systems create complex habitats that sustain high productivity and biological diversity. In the present study, we summarized the results of a monthly study examining year-round changes in carbon and nutrient inventories and plankton community metabolism in Muskegon Lake—a Great Lakes estuary occurring at the terminus of a ~7000 km$^2$ watershed that connects directly to Lake Michigan, the second largest of the North American Great Lakes.

We found that the surface waters of Muskegon Lake were net autotrophic during all but the winter months under ice cover, when close carbon balance or even slight net heterotrophy prevailed. Approximately 6% of GPP and 12% of $R$ occurred during the winter months. However, an overall positive annual NCP rate of ~28 mg C l$^{-1}$ yr$^{-1}$ that peaks during summer–fall makes the surface waters of Muskegon Lake a net sink for carbon on an annual basis. Concurrently measured annual heterotrophic bacterial production (~5 mg C l$^{-1}$ yr$^{-1}$) represented a substantial fraction of NPP.

Year-round measurements provide an improved picture of the strong seasonality in the carbon cycle of lakes and the environmental forces that drive it. For example, the observation of an annual cycle of metabolism (with large summer autotrophy and a tendency during the winter for close carbon balance or even slight winter heterotrophy) helps explain why Muskegon Lake is a zone of optimum net productivity in the watershed (Ogdahl et al. 2010, Weinke et al. 2014, Dila & Biddanda 2015), contributing to one of the most productive summer–fall fisheries in the state of Michigan (Bhagat & Ruetz 2011).

Land-margin coastal ecosystems are emerging as key hotspots in the global carbon cycle. It is conceivable that every watershed in the world has such ‘Goldilocks zones’ where productivity is maximized by optimal terrigenous inputs, organic matter and inorganic nutrient recycling, hydrological retention times, etc. Future time series studies should seek to track such biogeochemical hotspots and hot moments in the Earth’s coastal ecosystems (McClain et al. 2003), and strive to explain the underlying mechanisms.

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