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Blessing

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Blessing

Approach me as if
you were beginning
a dream quest
Empty yourself of worldly cares
seek solitude
pray

When you glimpse my deer eyes
sit quietly
Make no sudden moves

Breathe gently
touch the earth
rejoice in the sky

My inner wilderness cannot be tamed
or broken
I cannot be separated
from trees, forest, stars

We two are always three
infused with light
or a multitude
aflight with angels

I am a pilgrim
I am a journey
I am the Dreaming