Q9 Greetings! You have been asked to take this survey because you have been on an Ultimate Frisbee Team. If you are under 18, you may not participate in this survey. This survey will take about 5 minutes of your time. When answering questions, please think of all past Ultimate teams and not just your most current team. You are asked to voluntarily provide specific information to this web site. You may skip any question, or stop participating at any time. The information collected will be used for the stated purposes of this research project only and will not be provided to any other party for any other reason at any time except and only if required by law. You should be aware that although the information you provide is anonymous, it is transmitted in a non-secure manner. There is a remote chance that skilled, knowledgeable persons unaffiliated with this research project could track the information you provide to the IP address of the computer from which you send it. However, your personal identity cannot be determined. Thank you!

Q29 Please validate your age before continuing.
☐ I am 18 years or older (1)
Q10 Please specify the Ultimate Frisbee teams you have played for. (Please select all that apply)
- College Team (1)
- Intramural (2)
- Club Team (3)
- Summer League (4)
- Indoor League (5)
- Semi-Professional Team (6)
- Professional Team (7)
- Other (8) ____________________

Q9 Please specify the gender of Ultimate Team you play for/have played for. (Please select all that apply)
- Men's Only Team (1)
- Women's Only Team (2)
- Co-Ed Team (3)

Q18 Please indicate what leadership you have had for Ultimate Frisbee Teams. (Please select all that apply)
- Captain(s) (1)
- Intramural (2)
- President (3)
- None (4)
- Other (Please explain) (5) ____________________
Q25 How long have you played Ultimate?
- Less Than 1 Year (1)
- 1 Year (2)
- 2 Years (3)
- 3 Years (4)
- 4 Years (5)
- 5 Years or More (6)

Q26 If you are not presently playing, what was the reason for ending your participation in Ultimate?
- I Presently Play (1)
- Graduation (2)
- Relocation (3)
- No Teams Where I Live (4)
- Disliked Teammates (5)
- Disliked Ultimate (6)
- Other (Please Specify) (7) ____________________
Q8 Please rank the following:

<table>
<thead>
<tr>
<th></th>
<th>Very Poor (1)</th>
<th>Somewhat Poor (2)</th>
<th>Poor (3)</th>
<th>Average (4)</th>
<th>Good (5)</th>
<th>Somewhat Good (6)</th>
<th>Very Good (7)</th>
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<tbody>
<tr>
<td>How well do you get along with your teammates on the field? (1)</td>
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<td>How well did you get along with your teammates off the field? (2)</td>
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<td>How well did you get along with your teammates overall? (3)</td>
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Q9 List one or two words in each box to explain why you provided the above answers.
   On the field? (1)
   Off the field? (2)
   Overall? (3)
Q10 In regards to time/schedule, were each of the following clearly communicated to you?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Yes (1)</th>
<th>No (2)</th>
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</thead>
<tbody>
<tr>
<td>Practices (1)</td>
<td>◼️</td>
<td>◼️</td>
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<tr>
<td>Tournaments (2)</td>
<td>◼️</td>
<td>◼️</td>
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<tr>
<td>Team Social Events (Dinners, movie nights, parties etc.) (3)</td>
<td>◼️</td>
<td>◼️</td>
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<td>Conditioning (4)</td>
<td>◼️</td>
<td>◼️</td>
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</tbody>
</table>
Q6 Rank in order what effects your practice attendance. (Highest effect-1 to least effect-6)

______ Homework (1)
______ Friends (2)
______ Practice is at an Inconvenient Time (3)
______ Tournaments (4)
______ Lack of Desire to Attend (5)
______ Other (6)
Q14 How were practice times set?
- Around players' schedules (1)
- Predetermined time (practices are always Mondays at 5) (2)
- Other (3) ____________________

Q21 Did practices include conditioning?
- Yes (1)
- No (2)

Q22 Did you find conditioning effective?
- Yes (1)
- No (2)

Q23 What did you do for conditioning (select all that apply)?
- Distance Running (1)
- Sprints (2)
- Weight-lifting (3)
- Ultimate Drills (drills involving frisbees) (4)
- Other (5) ____________________
Q11 On average, how many tournaments do you play in during January-April?
- 0-2 (1)
- 3-5 (2)
- 6-8 (3)
- 9+ (4)

Q12 On average, how many tournaments do you play in during May-August?
- 0-2 (1)
- 3-5 (2)
- 6-8 (3)
- 9+ (4)

Q13 On average, how many tournaments do you play in during September-December?
- 0-2 (1)
- 3-5 (2)
- 6-8 (3)
- 9+ (4)
Q15 How satisfied were you with each of the following in regards to tournaments?

<table>
<thead>
<tr>
<th></th>
<th>Very Dissatisfied (1)</th>
<th>Dissatisfied (2)</th>
<th>Somewhat Dissatisfied (3)</th>
<th>Neutral (4)</th>
<th>Somewhat Satisfied (5)</th>
<th>Satisfied (6)</th>
<th>Very Satisfied (7)</th>
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<tr>
<td>Team Performance (1)</td>
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<td>Individual Performance (2)</td>
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<td>Tournament Results (1st Place, 2nd Place, etc) (3)</td>
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<td>Transportation (4)</td>
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<td>Organization (5)</td>
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<td>Cost (6)</td>
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Q17 On average, how much did each tournament cost for you? (Including bid fees, travel, hotels, food, etc.)

- $0 (Please explain) (1) ____________________
- $1-$20 (2)
- $21-$40 (3)
- $41-$60 (4)
- $61-$80 (5)
- $81+ (6)
Q27 What did you like most about your team(s)?

Q28 What did you like least about your team(s)?
Q24 Now I will be asking some demographic questions in order to better understand the types of people who took this survey.
Q16 Please indicate your employment status. (Check all that apply)
- Working Full-Time (1)
- Working Part-Time (2)
- Full-Time Student (3)
- Part-Time Student (4)
- Unemployed (5)
- Other (6) ____________________

Q19 What is your annual income range?
- Below $20,000 (1)
- $20,000 - $29,999 (2)
- $30,000 - $39,999 (3)
- $40,000 - $49,999 (4)
- $50,000 - $59,999 (5)
- $60,000 - $69,999 (6)
- $80,000 - $89,999 (7)
- $90,000 or more (8)
- $70,000 - $79,999 (9)

Q10 Age
- 18-24 (1)
- 25-30 (2)
- 31-36 (3)
- 37-42 (4)
- 43-48 (5)
- 49 and Older (6)

Q12 What is your gender?
- Male (1)
- Female (2)