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## Laughter and Splashing Waters

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Don Fielding

# SPLASHING WATERS

## LAUGHTER AND

Avatar.  
Aware and  
    Awake and  
        Alive and  
Conscious of the  
    Oneness and  
        Togetherness and  
Unity and  
    Harmony and  
        Simplicity of  
    All,  
I ceased to struggle and became a  
    Leaf upon a Tree;  
    a basic, simple,  
    Giver to life.  
Inhaling  
    foul, smelly, nauseous, misused air...  
    Returning...  
    Peace...  
        Pure Bliss...  
    Essence of Life.  
        Avatar.  
What wild, unrestrained, virgin  
    Joy.  
Thrashing,  
    Splashing,  
        Lashing  
    Out Against the Cosmos.  
I do the Dance of Unrestraint...  
    Until I tire of this and become...  
    a falling leaf.  
Falling  
    Down,  
        Down,  
            Down,  
                Down  
onto the firm belly of  
    Mother Earth..  
Stillness, Serenity, Comfort

You

are the  
Wind  
and the  
Rain  
and the  
Sun  
and the  
Moon

And all the Vastness  
that is betwixt and between and  
Around and About  
the Wholeness  
that is the  
Brahman Spectacle.

You are Laughter.

You are the splashing of a waterfall  
into  
a crystal Clear Pool.

You are a windchime.



by Bob Hart