

Intramural sports start very early in the semester!

- Head to gvsu.edu/rec and click on the intramurals header for more information on individual sports and start dates.
- Check in with your residence hall R.A.s for an intramural team sponsored by housing
- Can't find a team? Join free agency! The link is on the IM-League website

GVSU Campus Recreation

Rec Center D109
Allendale, Michigan 49401

Fitness and Wellness Center

Phone: (616) 331 - 3659
Fax: (616) 331 - 3960
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Intramural Sports

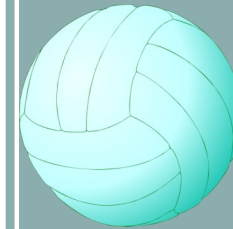
Phone: (616) 331 - 3224
E-mail: gvintra@gvsu.edu



Interested in Intramural Sports?



Check inside for registration dates and information!



Seasons start as early as September 4th!



Get signed up!

1. Head to imleagues.com
2. Click on the register button in the top right.
3. Answer all the questions, making sure to use your GVSU-given e-mail. (yourusername@gvsu.edu)
4. When signed in, head to the GVSU main page.
5. Once there, click the Intramurals link on the top-left of the page.
6. Scroll down and all of the intramural seasons and their deadlines will be listed.
7. Create a team or join a team of friends that are already playing.
8. Download the Rec-It app to stay up to date on your team and schedule!

Looking for Work?

Campus Recreation is always looking for workers to referee intramural sports games and work at the rec center!

Visit gvsu.edu/rec for more information

FALL DEADLINES

In order to utilize the pleasant weather at the start of the semester, several of the sports have deadlines for registering teams that are early in the school year!

<u>Sport</u>	<u>Team Registration Deadline</u>	<u>Team Cost</u>
Tennis	Sept. 4th	\$5/person
4 on 4 Sand Volleyball	Sept. 4th	\$55
Softball	Sept. 4th	\$60
2-person Golf Scramble	Sept. 11th	\$35/person
4 on 4 Floor Hockey	Sept. 11th	\$55
7 on 7 Outdoor Soccer	Sept. 11th	\$65
3 on 3 Basketball	Sept. 25th	\$20
7 on 7 Flag Football	Oct. 2nd	\$65
Ultimate Frisbee	Oct. 9th	\$30
6 on 6 Volleyball	Oct. 16th	\$60

WINTER DEADLINES

Winter Intramurals start soon after the semester starts! Be sure to check the dates below and get signed up in time.

<u>Sport</u>	<u>Team Registration Deadline</u>	<u>Team Cost</u>
5 on 5 Basketball	Jan. 8th	\$60
5 on 5 Indoor Soccer	Jan. 8th	\$55
Racquetball	Jan. 15th	\$60
Table Tennis	Jan. 22nd	\$35/person
Dodgeball	Jan. 29th	\$55
6 on 6 Volleyball	Feb. 3rd	\$65
Arena Flag Football	Mar. 12th	\$20
Kickball	Mar. 12th	\$65
Badminton	Mar. 26th	\$30
Broomball	Mar. 29th	\$60