

# Fishladder: A Student Journal of Art and Writing

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Volume 14  
Issue 1 4/01/2016

Article 12

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2016

## Cleanse

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### Recommended Citation

Kuznicki, Michelle (2016) "Cleanse," *Fishladder: A Student Journal of Art and Writing*: Vol. 14: Iss. 1, Article 12.  
Available at: <http://scholarworks.gvsu.edu/fishladder/vol14/iss1/12>

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*Michelle Kuznicki*

## Cleanse

- Step 1 – Cleanse:                    I wonder if she thinks of us fucking?  
My stomach used to churn  
thinking of who you'd enter  
once you made your exit.
- Step 2 – Exfoliate:                    Shed the layers of skin you used  
to touch the lilac fields I forgot about  
on my knees, while I wanted you  
to pluck the petals and tell me how  
you didn't want to hurt me.
- Step 3 – Shave:                        Drag blades up my shin, careful  
to not till the soil you used to plant  
hand prints on, bury myself  
head first into the earth.
- Step 4 – Moisturize:                    Let flames lick thighs  
coated with bruises & fingerprints.  
Clutch her to your chest so she can  
hear me: You are not you; but part of me.